

# Blended Learning Resources for VitalSmarts Online Training



## Improve Results and Relationships with Social, On-Demand Learning

The benefits of on-demand learning are clear: flexibility and convenience put people in the driver's seat of their learning experience. And yet learners miss out on powerful social learning, group discussion, and peer support and coaching.

Get the best of both worlds with VitalSmarts Blended Learning Resources—tools that combine on-demand learning with the power of group discussions to maximize learning impact.

With access to these resources, anyone in your organization is ready to lead a group through a blended learning experience. Group leaders can supplement the on-demand instruction by guiding learners through thought-provoking questions, discussion, and insights that will help learners practice and apply their new skills.

[Video: More about this exciting way to learn](#)

## How to Get Started

1. Obtain online training licenses for your group.
2. Become familiar with the VitalSmarts Group Discussion Guide for your course.
3. Schedule virtual or live group sessions interspersed with your on-demand learning.
4. Track your group's learning progress.

## Materials

- Group Discussion Guide. Includes a detailed agenda for each group session: Review, Discussion & Practice, and What's Next
- Sample two-week program schedule
- Email templates to communicate with your group
- Twelve months of access to the online course for yourself

## BLENDING LEARNING RESOURCES ARE AVAILABLE FOR

**crucial  
conversations®**

Turn disagreement into dialogue  
by speaking up candidly,  
respectfully, and quickly.

**gtd®**  
GETTING THINGS DONE

Manage attention, energy,  
and workflow for greater focus  
with less stress.

**THE POWER OF  
habit™**

Develop the skill of willpower  
to cultivate effective personal  
and professional habits.